

Family Options Counseling, LLC
ART Program
Aggression Replacement Training
Group Schedule

The Aggression Replacement Training program is divided into two sections and both sections must be attended in order to get the full benefit of the group program. Each group session is 90 minutes long. **If a youth needs to miss a group session for any reason, please give us 24 hours notice.** We would like to work with you to support our group participants in reaching treatment goals. We will try to follow up with any client who has missed a group session in order to cover the missed curriculum. If a group member misses more than 3 sessions, they will be at risk of dismissal from the group.

The following is a list of session times and dates for the group beginning on **September 17th 2024**. It is important that the youth arrive on time for these sessions.

Groups will take place on: **Tuesdays from 6:00 - 7:30 PM.**
Groups will take place at: In person at Family Options Counseling
3505 N. 124th St. Brookfield WI, 53005

Section I: Empowerment

Session 1 – September 17th

Session 2 – September 24th

Session 3 – October 1st

Session 4 – October 8th

Session 5 – October 15th

Session 6 – October 22nd

Session 7 – October 29th

Session 8 – November 5th

Section II: Anger Control Chain

Session 9 – December 3rd

Session 10 – December 10th

Session 11 – December 17th

December 24th OFF

December 31st OFF

Session 12 – January 7th

Session 13 – January 14th

Session 14 – January 21st

Session 15 – January 18th

Session 16 – February 4th

Please direct questions to Alycia Marin or Dr. Kimberly Young at Family Options Counseling.
414-431-4444 or amarin@familyoptions.com or kyoung@familyoptions.com